



Cycling
Adventures
Your cycling holiday specialists

The Alps, the Tour and Mont Ventoux!

Thank you for your interest in our 2012 Alps, TDF & Mont Ventoux adventure.

Over 6 days we will experience all the excitement of cycling two of France's renowned Tour de France climbs, ride through beautiful countryside and soak up some French culture along the way. If you're hungry to see some great mountain stages of the Tour de France up close and want to ride your bike too, then this trip is just for you. This small group experience follows the Tour de France in the exciting Alps stages, and includes your own personal assault on Alpe d'Huez and Mont Ventoux.

We know our team of tour leaders are the best in the business, so why not join them in 2012

Itinerary

Sunday 8th July 2012 - arrival day

Our Alps adventure starts today with our staff meeting those who arrive by train at the Grenoble Railway Station and transferring you to our hotel and home for the next 5 nights. A leisurely afternoon can be spent preparing bikes, then maybe a short ride to loosen the legs or exploring the sights of Grenoble. Tonight we invite you to a welcome dinner where we will meet our fellow travellers and enjoy some French cuisine.

Overnight: Grenoble - Park Hotel

Meals: Welcome dinner

Monday 9th July 2012

Today we will take the opportunity to ride on the 2011 Time trial course where Cadel decisively wrested the yellow jersey from the shoulders of Andy Schleck. Departing our hotel either on bikes or in the vans, we'll work our way towards the beautiful Alps, and the amazing rides that she offers. A chance to get some kilometres into the legs and perhaps for a stop or two for coffee and lunch. Tonight is free.

Overnight: Grenoble - Park Hotel

Meals: Breakfast

Tuesday 10th July 2012

An early breakfast before we depart for the small town of Rochetaillies, which is located just 10kms before the base of L'Alpe d'Huez. It's time for you to experience the 'ride of your life' on this famous Tour de France climb.

Alpe d'Huez is one of the great climbs of the Alps and was first climbed by the Tour de France peloton in 1952. As you cycle the 14 kilometres, 21 hairpins & 1,100 vertical metres to the finish at the top of the mountain you will be in awe of the view of the valley below and the many photo opportunities, seemingly at every corner. The climb itself can be broken down into three stages. The first part of the climb is the steepest with gradients above 10% for the first six hairpins until the hamlet of La Garde. The gradient then eases to around 8% after hairpin 16, with the hairpins being more spread out for the following six kilometres. There are only five hairpins left and after hairpin four, the gradient steepens to 11% for a kilometre before easing to 9%. Once you reach the village of Alpe d'Huez, the final 2kms to the finishing line ease to around 5%. What an experience! Congratulations!

The summit village is a year round tourist destination with cyclists welcomed at cafes, restaurants and bars and also the many clothing and souvenir shops. Here we will have time for lunch and a wander around this beautiful ski village before making our way back down the mountain.

The descent of Alpe d'Huez is a memorable one with the 21 hairpins and the extraordinary vista making you fully appreciate the gradients and distance of this Alpine legend. A climb where the Pro's don't have the luxury of admiring its beauty as we do as they are always at 100% on the Alpe.



Package

Cost: AUD\$3375.00
per person twin share

Single Supplement AUD\$895.00 –
subject to availability

Tour date: Sunday 8th July to Friday
13th July 2012

Duration: 6 days (5 nights) - centre
based - NO moving until last day.

Start: Grenoble

Finish: Montpellier

Accommodation: 4 star hotel -
The Park Hotel, Grenoble

Group Size: Maximum 15 people (3 Staff)

Inclusions:

- 3 experienced tour guides / driver including French speaking
- Arrival transfers on day 1
- 5 night's accommodation in a quality 4 star hotel
- Buffet breakfast daily
- 3 evening meals
- Guided rides each day
- Transportation / support vehicles
- Bike set up & any mechanical needs & tool box
- Guided rides on Day 2 & 3 -
- Guided rides for Mont Ventoux & Alpe d'Huez
- GPS assistance & communication tools
- Full service from Adventure Travel for all pre & post travel arrangements

We'll regroup at the base and make our way by bike (or van) to our hotel in Grenoble.)

Overnight: Grenoble

Meals: Breakfast, dinner

Wednesday 11th July 2012

Today we will see the passage of the Tour de France as it makes its way into the Alps. We'll drive to a strategic point and then cycle to intersect the race, possibly in a small rural town, where the buzz and excitement of the tour passing by will be electric. The excitement found in these villages, on a mountain pass and at starts and finishes is always great to experience and we look forward to a fun day. Its then off on the bikes back to the hotel, or in the vans. Tonight is free.

Overnight: Grenoble - Park Hotel

Meals: Breakfast

Thursday 12th July 2012

Today sees another opportunity to view the pro peloton doing what they do best – chasing yellow into the decisive mountain climbs. Spotting the various jersey holders and picking out the many Aussies in the peloton is easier on a climb and we will endeavour to get you into a prime viewing position to watch the action. Hopefully we will be able to see some good breakaway groups today, making our roadside adventure exciting. It's then a cycle back to the vans and back to the hotel in Grenoble. Tonight is free.

Overnight: Grenoble - Park Hotel

Meals: Breakfast

Friday 13th July 2012

After breakfast, we will depart our Grenoble base and prepare ourselves for another "ride of our life". We'll drive south to the small town of Bedoin, (Provence) where you will take on the famous 'Mont Ventoux' (completing a 60km loop). Probably the second most famous climb in the world after Alpe d'Huez, Mont Ventoux is a magnet for cyclists and stands over 1600 metres or a vertical mile above the Provence countryside. Your ride is the same route that the Tour de France and Dauphine Libere use when riding the mountain. It will be a great day in the saddle, before driving through to Montpellier for our last night (and the first night for those joining our 2nd Tour de France tour.) Tonight we can celebrate over a cold beer & good food and get ready for the next 10 days through the Pyrenees.

Overnight: Montpellier – Pullman Hotel

Accommodation not included (unless joining our next tour -but can be arranged)

Meals: Breakfast, Farewell dinner

Saturday 14th July

For those of you who are leaving us today, farewell and thank you for joining us in France. We look forward to catching up back home to swap stories of our accomplishments on the climbs of the Tour.

For those joining our Tour 2, it's time to get ready for the Pyrenees Adventure.

** This tour does connect with our Tour de France trip – from 13th July to 23rd July.

Tour de France 2012

Booking Form



It is essential that the following details are completed and returned as soon as possible, so that we can assist you with documentation requirements for your overseas travel. We are not responsible for incorrect documentation if this form is not returned to us.

Our tour

Please indicate the tour you wish to be booked onto:

- The Alps, TDF & Mont Ventoux** 6 days/5 nights
8th to 13th July 2012
\$3375.00 per person twin share
\$895.00 single supplement – subject to availability
- Tour de France** 11 days / 10 nights
13th to 23rd July 2012
\$6150.00 per person twin share
\$1650.00 single supplement – subject to availability

Your personal details

Please complete all personal details as per your passport:

First Name: _____

Surname: _____

Address: _____

City: _____ Postcode: _____

Tel (AH): _____ Mobile: _____

Email: _____

Date Of Birth: _____

Occupation: _____

Nationality: _____

Passport number: _____

Place of issue: _____ Expiry date: _____

* Please scan and email us a copy of your passport.

Are you travelling... (tick one)

- Alone and require a single room? (supplement applies)
- Alone and wish to share with another person
- With someone else & wish to share a room with them?

If so, what is their name? _____

Your health and fitness

In order for you to achieve maximum enjoyment from your cycling holiday, it's very important that you are fit, ready and prepared. Although this is not a training camp, the days in the saddle climbing the famous Cols can be long and hard work. We recommend that you ride frequently before your tour and ride some hills.

How long have you been cycling for? _____

Do you cycle frequently? Yes No

Do you cycle mainly Flat roads Hilly / Mountainous

How many kms on average per week? _____

Have you experience cycling in groups? Yes No

Have you cycled in any events? Eg: Round the Bay _____

Do you have any special diet requests? eg: vegetarian / lacto ovo / allergies _____

Do you eat fish? Yes No

Do you have any special medical / health conditions that we must be aware of?. eg: heart disease or injuries.

*You may be required to get a medical Clearance form completed by your doctor.

Emergency contacts while overseas

Name: _____

Relationship to you: _____

Phone contact: _____

Your travel bookings

As a licensed travel agency, we can assist you with the following:
Please tick the box if you require costs. All prices listed as pp = per person

Airfare quotes: business / economy
Frequent flyer # _____ Preferred airline _____

- Pre tour accommodation (pick up hotel)
- Post tour accommodation
- Airport or rail transfers
- Additional day tours or sightseeing
- Travel Insurance – fully comprehensive * Compulsory to join this tour
- Additional bike cover –
up to max. of \$7000 calculated at 3% of the bikes value

If you do not require our insurance, please provide a copy of your policy including the policy number, the insurance company and their emergency medical assistance contact phone numbers (from France).

We recommend that you purchase a "DEPOSIT PROTECTION" travel insurance policy at the same time that you pay the deposit to cover you for cancellation. These travel plans cover you for your deposit up to the applicable limit should you cancel your trip for a reason covered by this insurance. At the time of making your final payment you should upgrade to a travel plan suitable for your trip. The amount paid by you for this travel plan will be deducted from the total amount payable. Not available for purchase more than 12 months prior to departure. Current cost is \$50 per person. **refer to the brochure for all the conditions relating to cancellation.

Are you interested in hiring a bike? Yes No

Signing this booking form indicates that you have read the booking conditions and agree by them.

Signature: _____ Date: _____

Your payments

Deposit

A non-refundable deposit of AUD\$1500 per person is required at the time of booking and must include this booking form to be completed at the same time. This deposit can be paid by credit card; however credit card fees will apply.

Final payment is due on Friday 20th April 2012. Direct credit or BPAY are preferred.

Your payment can be made by EFT into Bank Account: Please notify me when payment has been made.

ACCOUNT NAME: TRAVELMANAGERS AUSTRALIA P/L

BANK NAME: ANZ BANK

BSB: 012-172

ACCOUNT NUMBER: 4967-59407

Payment by BPAY: Please contact me for your personal reference number.

Biller Code: 253237 Reference No: Contact David Hull

Credit card surcharges of 1% for Visa & MasterCard & 2.8% for Amex & Diners will apply to all bookings

Creditcard Authorisation: scan & email to david@adventure-travel.com.au

Type of card: AMEX VISA MASTERCARD DINERS

<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------	----------------------

CCV#

Name on card:

Card Expiry:

Amount:

Signature of cardholder:

Date:

I authorise Travel Managers Australia Pty Ltd trading as The Adventure Travel Company to debit my above card account with the above amount.

A credit card surcharge of 1% for Visa & MasterCard or 2.81% for Diners & Amex will apply to all bookings and this will be reflected in the amount debited to the card.

Booking conditions

This holiday is sold by travel agent, Travel Managers Australia Pty Ltd trading as The Adventure Travel Company South Melbourne Pty Ltd of Level 10, 815 George Street Sydney NSW 2000, (hereinafter called the "Company" or "we"), Travel Agents Licence number 32695 and is operated by the Company and is sold subject to the following conditions:

To make a booking, you must send the Company a signed booking form and a deposit of \$1,500 per person. We will then invoice you for the balance of the cost, which must be paid by the date listed above. If you book a tour, which is departing in less than 60 days final payment is required at the time of booking. Notification of cancellation must be made in writing to the Company.

Your deposit IS NON REFUNDABLE - Travel Insurance is recommended at the time of booking - please refer to the insurance policy for all conditions.

If you cancel your booking after you have paid in full, the following cancellation charges will apply.

60 days to 42 days - 50% of tour cost
41 days to 28 days - 80% of tour cost
Less than 28 days - 100% of cost

Your booking is accepted on the understanding that you realise the hazards involved in this type of cycling tour, including injury, disease, loss or damage to property, inconvenience & discomfort. The itinerary is an indication of what the tour involves, however, at times, there is a need to be flexible and acknowledge that delays and alterations can occur as a result of unforeseen circumstances.

Before you join our cycle tours, you must have travel insurance to cover you as a result of any unforeseen circumstance. The insurance policy should provide cover for medical expenses arising from illness or injury during your travel, medical evacuation and protection against loss or damage to your belongings and in particular your bicycle. Please Note: We can only provide insurance for Australian residents living in Australia.

The Company will take all reasonable steps to ensure that you obtain the travel services in your holiday. However please note we will not be responsible for any injury, illness, detention, death, loss including loss of enjoyment, damage, expense, cost, cancellation, delay or other unforeseen event unless caused by the negligent or wilful act or omission by the Company or its employees.

It is your responsibility to ensure that you have a valid passport for the entire period of your travel. Certain countries require that your passport remains valid for a period of up to six months after the date upon which you are scheduled to leave such country. If your passport expires less than six months after the date you are scheduled to leave such country, you may be denied entry to that country.

It is your responsibility to check the visa requirements of the countries you are visiting.

Re-entry visas may be required for travellers leaving Australia holding a foreign passport. If you hold a foreign passport then we strongly recommend you make your own enquires and satisfy yourself as to the position in regard to your passport and visa

requirements before leaving Australia.

When you sign the booking form, you acknowledge and accept all these conditions above.

We will not cancel your tour unless -

i. We are forced to do so by unusual or unforeseeable circumstances, such as flight cancellations, war, and civil or political unrest.

ii. Because the minimum number of bookings required operating the tour has not been reached. In these cases, we will advise you no later than 75 days prior to departure. Cancellation fees will not apply.

Prices for the tours are subject to change at all times by the operators concerned. All prices are subject to currency fluctuations and will be adjusted accordingly on your invoice. Any payments made in foreign currencies may incur bank fees and currency fluctuations, which will be adjusted in the final invoice & paid by the participant. Credit card surcharges of 1.00% for Visa & MasterCard & 2.8 for Amex & Diners will apply to all bookings. Any information or advice provided by the Company on matters such as visas, medical requirements, climate, cycle clothing, baggage, cycle equipment etc is given in good faith but without full responsibility on the part of the Company.

This flyer is valid from the 10th July 2011 until the 10th December 2011

Contact

David Hull - Travelmanagers

P: 03 5974 2951 M: 0409 545 664

Email: david@adventure-travel.com.au

www.adventure-travel.com.au or www.cyclingadventures.com.au

The Adventure Travel
company
SOUTH MELBOURNE

 TRAVELMANAGERS
personally yours